

HOLY COMMUNION SERVICE



Mar Thoma Development Center

❖ *First Lesson*



❖ *Second Lesson*



**In Your light, we see the light,
Jesus, full of light
It's Your light that shines upon our world,
light our minds
May Your light reveal the sin in our hearts
As we humbly pray,
in spirit, and truth**



**Pure and holy One who dwells on high,
in mansions of light.**

**Cleanse our hearts and souls,
we lift them up, unto You**

**Grant us purity of thought
and mind**

That our prayers may rise up to You.



Incense

P: O Lord Jesus Christ, born of Mary, baptized by John, have mercy on us.

C: We magnify you, O Lord our King, only-begotten Son, Word of the Father, Lord Jesus Christ, Immortal in Your nature, who was born of the Virgin Mary, for the life and salvation of all humankind.

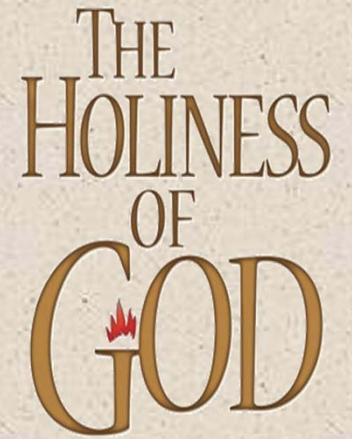


Without change of nature, You became the Son of Man and were crucified for us, thus trampling death under foot, and destroying it for ever.

You are One in the Holy Trinity, and are worshipped and glorified, equally with Your Father....

.....and Your living and Holy Spirit.

Have mercy upon us.



(To be repeated thrice)

P : Holy art Thou, O God.

C : Holy art Thou, Almighty Lord

P : Holy art Thou, Immortal Lord

**C : O Thou, that was (†) crucified for us,
have mercy on us.**

(Repeat after Achen)

Lord have mercy, Lord have mercy

Lord Have mercy, Lord have mercy

(Altogether)

Lord have, Lord have, Lord have mercy



P: Lord God, fill us with essence of Your holy gospel, the teachings of the Apostles, the riches of Your divine wisdom, and the gift of Your Holy Spirit. Enable us to obey Your commands gladly and to fulfill Your holy will perfectly.

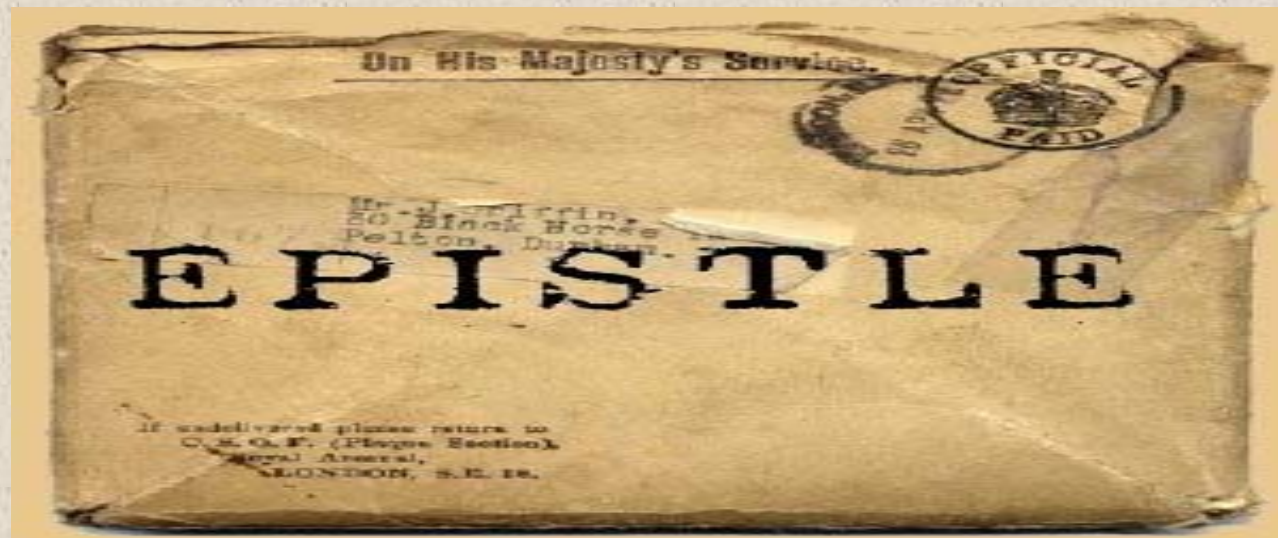
C: Amen

(Facing the congregation)

D: From the epistle of ...

**C: Praise to You O Lord of the apostles, O
Lord, grant us grace to discern your word.**

Reading of the Epistle



D: (After reading the epistle)

Hallelujah, Hallelujah. Offer sacrifices of praise to the Lord. Come and worship in His holy courts.

C: Hallelujah



Incense

D: Brothers and sisters, let us stand in silence and reverence and listen to the proclamation of the living Word of God from the Gospel of Jesus Christ, our Lord.

P: Peace be with you all.

C: May the Lord make us all worthy to listen to His Word.

**P: The Holy Gospel of Our Lord Jesus Christ,
which proclaims life and salvation to the
world, as recorded by the Apostle**

**C: Blessed is He that has come and will come
again. Praise to the Father who sent Him for
our salvation. May His blessings be ever
upon us.**

P: In the days of Jesus the Christ, our Lord and Savior, the Word of life, God incarnate of the Blessed Virgin Mary, it happened in this way (or he taught in this manner)

C: So we believe and affirm.

P: (*Reading of the Gospel*)

P: Peace be with you all.

C: And also with you. We thank You Lord, that You have given us Your gospel which is the light of the world, to draw us closer to You. Enable us by Your grace to give praise to You through the living words from Your Gospel.

Promeon

P: Let us pray to the Lord for His blessings and mercy.

C: O Lord who is the Source of all blessings, help us and bless us.

P: O Lord, help us continually to offer praise and thanksgiving to you. To Him Who absolves us from our debts and pardons our sins.

To Him who receives the penitent and rejoices in the return of sinners; To him who has promised “Call and I will answer; knock and I will open and stretch forth My hand to pardon your sins and iniquities’; To Him belong glory and honor and worship at this time and all the days of our lives.

C: Amen.

Sedra

P: Almighty and glorious Lord, save us from the vile of the evil one. Lord, in Your grace and mercy, You took flesh of the Blessed Virgin Mary and became human. Lord of Lords, do not banish us from Your presence and from the company of the angels who continually praise Your holy name and proclaim aloud that the Lord God is holy.

Show us the way of life and salvation so that we may persevere to attain Your glorious kingdom.

Lord Jesus, look upon us with the eye of mercy. Save us from our enemies and all that would hurt us. Protect us in the shadow of Your cross.

Lord Jesus, save us from all deceit and greed. Save us from all evil thoughts, defilement and blasphemy.

Lord Jesus, make us to rejoice with all the children of Your kingdom. To You, and to the Father and to the Holy Spirit we ascribe all praise and thanksgiving, now and for ever.

C: Amen.

P: O Lord God, who makes the sinner righteous, pardons our sins and makes us holy, blot out all my sins. Through Your loving mercy, good Lord wipe away the sins of all believers.

O Lord God, in Your mercy and goodness, remember us, our parents, brothers and sisters, our bishops, clergy, teachers of the faith, and all the faithful children of Your holy and glorious church.

**Lord God, comfort us in body, mind and spirit.
Shower Your mercy upon us. Be the
remission of our sins. Make us all worthy of
the good end that is set for all children of
peace. To You, we offer praise and
thanksgiving forever and ever.**

C: Amen.

Incense

**P: Weak and sinful as we are, let us confess
and together say,
Holy is the Holy Father (†).**

C: Amen

P: Holy is the Holy Son (†).

C: Amen.

P: Holy is the living and Holy Spirit (†).

C: Amen.

Nicene Creed

P: We believe in the one true God, the Father Almighty.

C: Maker of heaven and earth and of all things visible and invisible.



We believe in one Lord Jesus Christ, the only begotten Son of God, begotten of the Father before all world. Light of Light, very God of very God, begotten not made, being of one substance with the Father, by Whom all things were made; Who for us men and for our salvation came down from heaven and was incarnate by the Holy Spirit of the Virgin Mary, and was made man. He was crucified also for us in the days of Pontius Pilate, suffered and died and was buried.



The third day He rose again by His own will ascended into heaven and sits at the right hand of the Father. He will come again with glory to judge both the living and the dead and of His kingdom there will be no end. We believe in the Holy Spirit, the Lord and giver of life, Who proceeds from the Father, Who with the Father and Son together is worshipped and glorified, Who spoke by the prophets and apostles.

We believe in one holy Catholic and Apostolic Church.

We acknowledge one baptism for the remission of sins and look forward to the resurrection of the dead and the new life of the world to come. Amen.

❖ **THANKSGIVING PRAYERS**

Birthdays and Wedding Anniversaries



❖ OFFERTORY



❖ SERMON





(said in unison)

I confess that I have sinned against you, O Father, Son and Holy Spirit, in thought, word and deed. I am sorry with all my heart for these my sins I believe in Your promise that You will receive those who truly repent. O Lord, Who is merciful and full of grace, accept me even as You accepted the publican, the woman who was a sinner and the thief on the cross.

Comfort me with the consolation of Your Word. O Lord, grant that Your holy Body and holy Blood in which I now partake may redeem me from judgment and condemnation, and bring me to life and wholeness. Amen.

P: May God Almighty be compassionate to you who have truly confessed your sins. God has freely forgiven your sins to make you worthy to partake in this Holy Communion.

C: Amen.

P: Dearly beloved, pray with me that this service may be acceptable to the Lord

C: Lord, we humbly knock at Your door. We have come to Your house and we pray for Your blessing. Sanctify Your servants by Your truth. O Lord, hear and answer the prayers of your people. You have promised that where two or three are gathered in Your name, You will be in our midst. We pray that you send us the gift of Your Holy Spirit, to make His dwelling in us, Your people, as he dwelt in the Apostles.

The Kiss of Peace

P: O God and Lord of all, make us worthy to greet one another with the Kiss of Peace, freed from all insincerity and united in love. To You, O Father, and to Your only Son and to Your Holy Spirit we ascribe praise and glory, one God now and forever.

C: Amen.



P: Peace be with you all.

C: And also with you.

D: In the Love of our Lord God, let us greet one another in Peace.

C: May the love and peace of our Lord Jesus Christ abide with us for ever.

D: Brothers and sisters, having, received this holy and divine peace, let us bow our heads before the merciful Lord.

C: Gracious Lord, we bow before You.

**P: Merciful Lord, You dwell on high yet
condescend to look upon things that are
lowly. Bless now those who have bowed
their heads in Your presence with the grace
of Your only son, with whom and with the
Holy Spirit You are worthy of all praise and
glory, now and for ever.**

C: Amen.

D: Beloved brothers and sisters, let us participate in this Holy Qurbana which is now offered to us, with commitment, reverence, humility, purity of heart, love, true faith and devotion. To God the Father, to Whom all things belong, is offered this sacrifice of grace, peace and praise in a spirit of unity and concord.

The First Blessing

P: The love of God the Father (†); the grace of the only begotten Son(†) and the communion and abiding presence of the Holy Spirit (†) be with you all, dearly beloved forever.

C: And also with you.

Blessings

P: May our hearts be with Christ on High.

C: Our hearts truly are with the Lord.

**P: To sing praises and worship the Creator of
all things.**

C: Assuredly is good and right

P: Who is adored by the heavenly host, Sun and moon and all the stars, the earth and seas and all that dwell there, Angels and arch-angels, thrones and powers, Cherubim and Seraphim, ever proclaiming:

C: Holy, holy, holy is the Lord God Almighty, Heaven and earth are full of His glory. Hosanna in the highest! Blessed is He who has come and is to come in the name of the Lord. Hosanna in the highest!

The word "Hosanna" is written in a white, stylized, cursive font with a black outline. It is positioned above a graphic of several green, pointed leaves that appear to be part of a branch or wreath.

P: *(Taking the bread in his hands)*

When the sinless One, of His own will chose to suffer death for us sinners, He took bread in His holy hands.

C: Bless, O Lord.

P: He gave thanks (†), blessed (†), sanctified (†) and broke it and gave it to His apostles saying: “TAKE, EAT, THIS IS MY BODY GIVEN FOR YOU. DO THIS IN REMEMBRANCE OF ME!”

C: Amen.



P: *(Taking the chalice in his hands)*

In the same manner He took the cup.

C: Bless, O Lord.



**P: He gave thanks (†), blessed (†), sanctified (†) and gave it to His apostles saying:
“DRINK THIS ALL OF YOU. THIS IS THE
BLOOD OF THE NEW COVENANT WHICH IS
SHED FOR MANY FOR THE FORGIVENESS OF
SINS!”**

C: Amen.



P: Thus as often as you eat this bread and drink this cup, you proclaim the Lord's death until He comes.

C: O Lord, We remember your death. We celebrate Your resurrection and we await Your second coming. May Your blessing rest upon us all.



P: O Lord, as we remember Your death, burial, resurrection, ascension and look forward your second coming to judge the world in righteousness and truth, we offer this service and sacrifice entreating you, not to deal with us according to our sins, but according to Your own abundant mercy and saying:

C: Have mercy on us, O Lord our God. We give thanks to You; we glorify You, we worship You. O Source of all goodness, have mercy on us and bless us.

P: Answer unto us, O Lord; Answer unto us, O Lord; Answer unto us, O Lord; And by Your grace have mercy on us.

C: (chant)

Lord have mercy,

Lord have mercy,

Lord have mercy,

Lord have mercy,

Lord have, Lord have, Lord have mercy



Epiclesis

**P: MAY THE HOLY SPIRIT SANCTIFY THIS BREAD
THAT IT MAY BE THE BODY OF OUR LORD
JESUS CHRIST**

C: Amen.



**P: MAY THE HOLY SPIRIT SANCTIFY THE WINE IN
THIS CHALICE THAT IT MAY BE THE BLOOD
OF OUR LORD JESUS CHRIST.**

C: Amen.

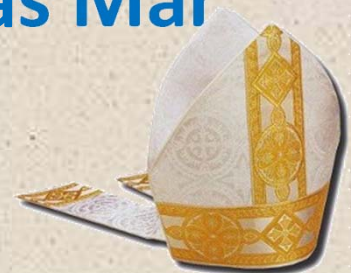


P: O Lord, sanctify the bodies and souls of those who receive these gifts that they may bear fruit for the stability of Your holy Church. Establish ever firmly Your holy church founded on the rock of faith, against which the gates of hell shall not prevail, and preserve her to the end from strife and error. To You, with the Son and the Holy Spirit, we will offer praise and thanksgiving both now and for ever.

C: Amen.



D: Look with mercy, O Lord on Your holy Church throughout the world, all the Bishops Who bear the burden of leading and guiding her; Especially our Father in God, Philipose Mar Chrysostom Mar Thoma Valiya Metropolitan, Joseph Mar Thoma Metropolitan, The moderators of CSI and CNI, Archbishop of the Anglican Church, Our fathers, the Bishops: Zacharias Mar Theophilus Suffragan Metropolitan, Geevarghese Mar Athanasius, Geevarghese Mar Theodosius, Euyakim Mar Coorilos, Joseph Mar Barnabas, Thomas Mar Timotheos, Isaac Mar Philexinos,



**Abraham Mar Paulos, Mathews Mar Makarios,
Gregorios Mar Stephanos, Thomas Mar
Theethos, priests, deacons, evangelists, faithful
members of our church and seekers of the
faith.**

**Lord we remember all who exercise authority
in various countries especially in this country.
Give to each one Your Holy Spirit that they may
diligently work in your vineyard.**

C: Lord, have mercy.

D: Lord, we remember the mother of our Lord, the Blessed Virgin Mary, the holy Apostles, the Prophets, the preachers, the evangelists, the martyrs, the confessors and all the saints. Lord, we remember the three councils of Nicea, Constantinople and Ephesus and all the holy fathers who participated in them. Make us worthy, O Lord, to follow in their footsteps. Lord, we also remember all the faithful who are departed and fallen asleep in the true faith, grant that we also may with them be counted worthy of the remission of our sins and be gathered into Your Heavenly Kingdom.

C: Lord, have mercy.

**D: Lord, we thank You for the beautiful Universe
You have created and the life and the
possibilities of it.**

**Forgive us O Lord, for we have distorted the
universe for our greed and selfishness. Help us
O Lord, to be good and faithful stewards for the
fulfillment of Your will.**

C: *(chant)*

**Lord have mercy; Lord have mercy
Lord have mercy; Lord have mercy
Lord have, Lord have, Lord have mercy**

Second Blessing

P: THE BLESSING OF OUR GOD AND SAVIOUR JESUS CHRIST (†) BE WITH YOU ALL FOREVER.

C: And with you also.

Blessings

Litany of Intercession

D: Brothers and sisters, we must pray to the Lord always, for reconciliation and peace and for his blessings and mercy.

C: Lord, in Your mercy hear our prayers.

D: Let us pray to the Lord for unity in the church and harmony between all people and communities.

C: Lord, in Your mercy hear our prayers.

D: Let us pray for peace in our families and grace in our hearts, that we may be strengthened in faith

C: Lord, in Your mercy hear our prayers.



D: Let us pray for recovery of health for the sick, comfort for the distressed, deliverance for prisoners, safety for travelers, unity and love for those who are estranged.

C: Lord, in Your mercy hear our prayers.



D: Let us give Glory to God the Father, Lord of all, worship His only begotten Son and praise His Holy and life giving Spirit.

C: O Lord of all blessings, we commit our lives into Your keeping and pray for Your blessings. Gracious God, have mercy on us and bless us.

(Silent prayer or special prayers)



**P: O God, the Father of our Lord Jesus Christ
make perfect the offerings and oblations
presented before You. Sanctify our bodies,
souls and spirits so that with pure and
confident hearts we may address You as
God and Father and pray:**

....Our Father in heaven;

**C: Hallowed be Your Name.
May Your kingdom come.
May Your will be done on earth as in heaven.
Give us this day our daily bread.
Forgive us our sins
as we forgive those who sin against us.
Do not bring us to the time of trial,
but deliver us from the evil one.
For the kingdom, the power and the glory
are Yours now and forever.
Amen.**

Third Blessing

P: MAY THE GRACE, MERCY AND BLESSINGS OF THE HOLY AND GLORIOUS TRINITY, UNCREATED (†) SELF EXISTENT, ETERNAL (†) ADORABLE AND ONE IN ESSENCE (†) BE WITH YOU ALL DEARLY BELOVED FOREVER.

C: And also with you. O Holy and Glorious Trinity have mercy on us.

Blessings

P: *(Lifting up the paten and chalice)*
Holy things for holy people.

**C: Holy is the one Father,
Holy is the one Son,
Holy is the one Spirit.**

P: Glory be to the Father and to the Son and to the Holy Spirit.

C: One from the beginning and for ever and ever, Amen.

(The priest holds the paten and chalice in the form of a cross)

P: The one Holy Father, who created the world in His mercy is with us.

C: Amen.

P: The one Holy Son, who saved it by His precious passion, is with us.

C: Amen.

P: The one living Holy Spirit, who perfects and fulfills all that is and that has been, is with us. May the name of the Lord be blessed as in the beginning both now and for ever.

C: Amen.

(The communicants may come forward and kneel)

P: *(Chant)*

**Now, as we come to Your table
We recall those gone before us
Grant their lives be an example
May we use their teaching as our guide.**

**Lord, You've prepared this communion
You are our hope and salvation.
We bow our heads in Your presence,
As we share in Your Body and Blood.
May we find renewal of life in You**

(Repeat after Achen)

Lord have mercy, Lord have mercy

Lord Have mercy, Lord have mercy

(Altogether)

Lord have, Lord have, Lord have mercy



P: *(Turning to the congregation)*
Dearly beloved, pray for me.

C: **As for us, our days are like grass. We bloom like the flowers of the field. Bless us, O Lord.**

P: *(Turning to the altar)*
Glory be to the Father and to the Son and to the Holy Spirit.

C: **As it was in the beginning, is now and ever shall be. Amen.**

(Priest kneels on the steps of the altar and prays)

D: O Lord, at your command death held its sway. You abolished death through Your resurrection from dead. Therefore, O Lord, we praise and exalt you. O Lord, every mouth shall sing your praise. O Lord who gathers up the children of Adam from everywhere, bless us and help us.

C: O Son of God, Your death has changed our death into life. Raise us from the dust that we may ever praise you. God the Father, the Son and the Holy Spirit, is worthy of glory and worship forever. From the beginning and from generation to generation, may he be praised. Hallelujah.

P: (Standing with paten and chalice in his hands)

O Son of God who came for our salvation and will come again for our resurrection and for the renewal of our race, grant, we pray, forgiveness of sins to Your servants through your own atoning sacrifice.

C: Amen

P: (Turning west)

O Lord God, graciously bless these Your children who partake of Your most precious body and Blood which was given on Calvary for the forgiveness of sins that they may abide in Your presence for ever.

C: Amen

P: *(Descending from the steps)*

The blessing of Jesus Christ our great God and Savior be on those who bear these sacred mysteries, on those who dispense them, on those who receive them, and on all who have participated and who shall participate in them. The grace of God be on us all, both now and for ever.

C: Lord, have mercy and bless us. Glory and praise be to You, our Lord and our everlasting Refuge.



P: *(Administering to the people)*

**The Holy Body and Blood of our Lord Jesus Christ
broken and shed on the cross for the forgiveness
of sins are given to you for the health of body and
soul.**

C: Amen.



P: *(After all have received the Holy Sacrament)*

**Praise be to You, O Lord our God, for ever,
Praise be to You, O Lord Jesus Christ, May
Your holy Body and Blood of which we have
partaken be not for our condemnation, but
for life and salvation to us all. O God, grant
us your blessing.**

**C: All the earth shall bow down before You and
every tongue shall praise Your holy name, for
You give life to the dead and You are the hope
of all who lie in the grave. We praise you, O
Lord, and give You thanks for Your mercy
towards us.**

P: We praise You, O Lord, because in Your abundant mercy. You have fed and strengthened us with the precious Body and Blood of Your Son our Savior Jesus Christ, and You have thereby made us one with all the members of His mystical Body. We pray You to give us grace to continue in that holy fellowship and ever to offer glory and praise to You and to Your only begotten Son and to Your Holy Spirit.

C: Amen

P: *(chant)*

**Bless us O Lord, Almighty,
You are our God the Creator.
Show to us ever the way of salvation,
Our God, Helper of all.**

**C: O Lord, bless this Your servant who has ministered
in Your holy presence. Accept the praises and
petitions of us Your people and pardon our
offences. Enable us to receive Your gifts and
blessings and send us with Your peace.**

Final Blessing

P: My beloved brothers and sisters, I commend you to the grace and blessings of the Holy and Glorious Trinity. Go now in peace and serve the Lord (†) with the gifts and blessings that you have received from the atoning sacrifice of the Lord.

C: Amen

Blessings

P: You, both near and far, who are saved by the victorious cross of the Lord (†) and sealed with the seal of Holy Baptism, this Holy Trinity will forgive you your sins and comfort your souls.

C: Amen

P: Pray for me, my brothers and sisters, weak and sinful as I am, that I may obtain mercy and help. Go in peace (†) filled with gladness and rejoicing.

C: May the Lord accept your ministrations and help us by your prayers. Amen

